

NMSO - Virtual Home Office Ergonomic Assessments

Given that most of us are now working from home, often at a non-optimal workspace, it is more important than ever to improve our knowledge of optimal positioning & healthy work postures

IPP is offering **VIRTUAL HOME OFFICE ERGONOMIC ASSESSMENTS** at a reduced rate for **Government of Canada** employees as part of the **NMSO E60ZH-190000/C**. These assessments will guide you through simple solutions & exercises effective for improving comfort. Information on ergonomic products to help optimize the set-up can be provided as required.



Here is how this service works:

- We will contact the employee to book a convenient time for the assessment
- A consent & questionnaire is completed by the employee (including 2 photos of workspace) & returned to IPP prior to the virtual video/phone assessment
- We will clarify which tele/video platform can be used on the client's computer system
- Assessment takes 30-40 minutes, will include a review of any pain/discomfort, positioning at the workstation & education on optimizing set up. As the situation is meant to be temporary, solutions will focus on cost effectiveness & using available tools when possible (Client should have a tape measure available for the assessment).
- Following the virtual video conference, a short report will be sent via email

Here's what our clients are saying about this service...

"I recently started working remotely & was getting significant pain in my forearms and shoulders. IPP provided a kind and professional assessment of my homemade workstation and was very helpful/creative in suggesting postural, equipment, and stretching solutions. I especially appreciated the attention to detail. Thank you IPP for your important service." Eric Shoemith, Government of Canada

Great session!! Really enjoyed talking to you. I feel very fortunate to have been able to have the session with you today. Joseph, Director, Security & Facilities Services, Government of Canada

Contact us today for more information or to schedule your assessment!

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www.injurypreventionplus.com

Nos services sont disponibles en français

Comprehensive Ergonomic Solutions

Injury Prevention Plus

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